



Founders' Day Proclamation
April 30, 2026

Happy Founders' Day!

Why did our Founders' form and remain loyal to Theta Phi Alpha? I believe it is for much the same reason you and I joined - to find a place of belonging, experience shared values, and to be part of an organization that helps us grow into the best versions of ourselves, both personally and professionally.

Justice. Friendship. Truth. These are more than just words in our ritual—they are the foundation of everything we do as Theta Phi Alphas throughout our lives. Whether you want to build meaningful friendships, make a difference in your community, or be part of a national network of strong, supportive members, Theta Phi Alpha gives you the foundation to do all that and more through embracing justice, nurturing friendship, and valuing truth.

Our membership is rooted in a powerful vision. Theta Phi Alpha strives to provide an experience that enables our members to discover their individual truths, foster self-awareness, and cultivate lasting friendships. Theta Phi Alpha isn't just an organization for your college years—it's a lifelong journey shaped by enduring values and lasting connections.

Remember why you joined Theta Phi Alpha. It wasn't just for the letters, it was for the friendships that feel like family, the sense of purpose in our philanthropy, and the chance to grow into the person you are meant to be. At the heart of Theta Phi Alpha are our values of justice, friendship, and truth. Theta Phi Alpha is about lifting each other up, standing for what's right, and being true to ourselves. You joined because you wanted to belong, and you do. Theta Phi Alpha is where you belong—then, now, always.

This is my "why" for Theta Phi Alpha—why I joined, why I remain involved and connected, and why the values of justice, friendship, and truth hold a place of importance in my personal, professional, and volunteer life. I didn't join just for the letters; I joined for everything that comes with wearing the letters.

Have you thought about your "why" for joining Theta Phi Alpha lately? Have you thought about how the values of Theta Phi Alpha loudly and quietly guide your everyday life?

Take a moment to reflect on the year 1912 and the support and sense of belonging that Theta Phi Alpha provided to Amelia, Dorothy, Katrina, Mildred, Selma, Otilia, Camilla, Helen, May, and Eva as they founded the organization that continues to hold such significance for us today.

Yours in the Bonds of Sisterhood,

A handwritten signature in cursive script that reads "Kristin Henkenius".

Kristin Henkenius, Alpha Pi
National President